Key Experiences / Activities – Inuuqatigiit

Family and Kinship

- Write or draw pictures of what you are responsible for at home
- Draw pictures of your immediate family and label their kinship terms. Ask a family member for help.

Elders

- Make a booklet about the Elders in your immediate family.

Traditional Responsibilities of Women

- List the positive strengths your mother or grandmother has.
- Make a booklet about things mothers do.

Traditional Responsibilities of Men

- List the things your father does at work, at home, when hunting, around the community, etc.

Traditional Responsibilities of Boys

- Ask your father, grandfather, or brother to share stories about their responsibilities and skills.
- Write or draw pictures of what boys like to do.

Medicine and Healing

- Ask family members to tell stories about going to the Health Centre or Hospital. What was it like? How did they feel? Who helped them?

Laws and Leadership

- Make a list of house rules.

Traditional Games and Recreation

- Ask a family member to teach you string games.
- Think about your favourite game. Write a list of the rules.

Land

- Write or draw a story about going out on the land.

Water

- Write and illustrate a story that tells about a time when your family camped or travelled by water. Tell about the different uses of water on that trip

Sky

- Draw or write a story about what you see in the sky.

Weather and Weather Predicting

- Write a story about being caught in a storm while camping or fishing.
- Draw pictures of the weather or act it out.

Birds

- List all the birds you see in the summer. List all the birds you see in the winter. Ask a family member where birds go in the winter and why.
- Draw a picture of a bird that lives near your community. Write adjectives that describe it.

Source: Inuuqatigiit, The Curriculum from the Inuit Perspective