



This book is part of the Inuutsiarniq Reading Series, developed by the Department of Health in Nunavut. The Inuutsiarniq Reading Series is a unique, Nunavut-developed literacy initiative that infuses Northern values of healthy living and self-care into a culturally appropriate reading program.

The Inuutsiarniq Reading Series was developed to support the reading level guidelines outlined in the Department of Education's Inuktut guided reading program, Uqalimaariuqsaniq. Uqalimaariuqsaniq is a sequential and progressive Inuktut reading program that supports students in their development from emergent to fluent readers.

Healthy students are better learners and become healthy adults. For more information, visit [www.gov.nu.ca/health](http://www.gov.nu.ca/health) and your local Health Centre.

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### Book details

**Level:** 5  
**Text Type:** Fiction  
**Vocabulary:** Familiar food items

# Lunchtime



Written by  
**Kaitlin Tremblay**



I like berries. The berries are blue and sweet.



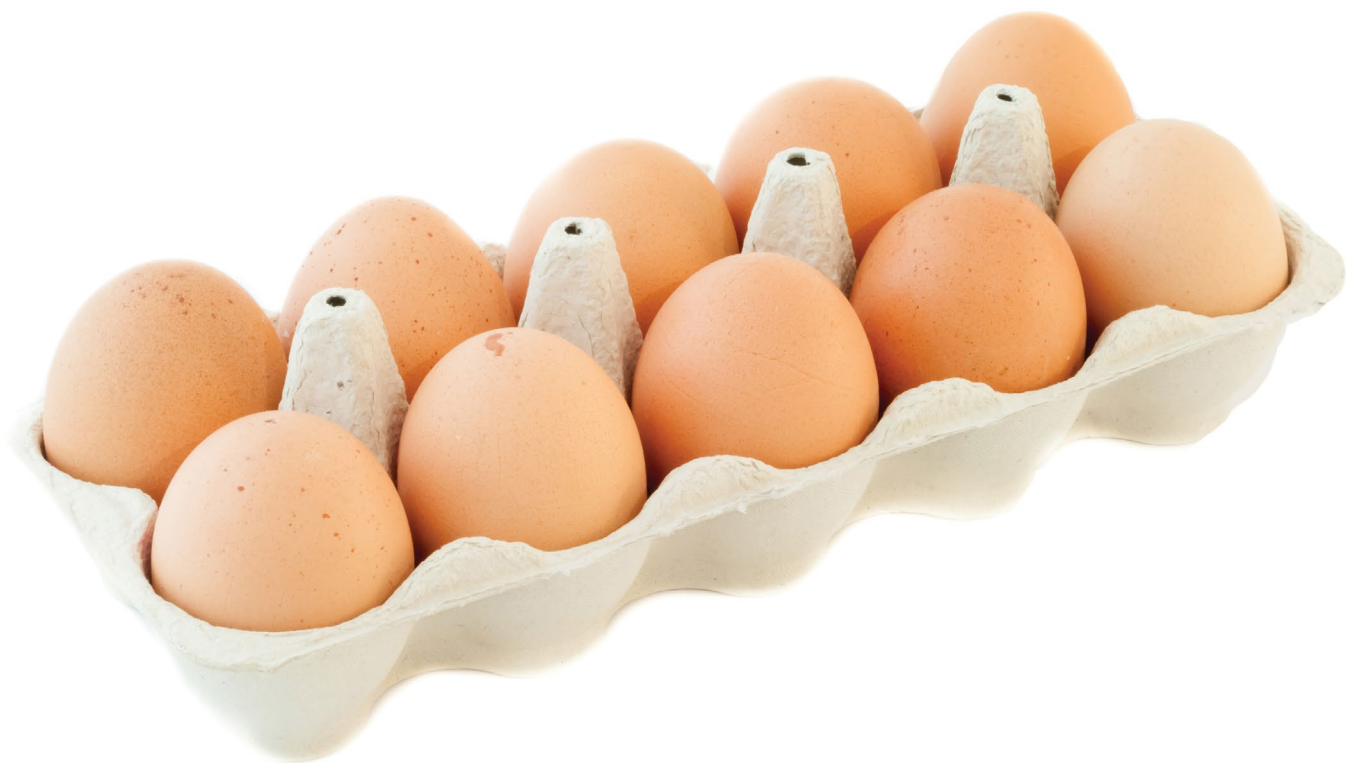
I like carrots. The carrots are orange and crunchy.



I like tomatoes. The tomato is red and ripe.



I like yogurt. The yogurt is white and creamy.



I like eggs. The eggs are smooth and fresh.



I like cheese. The cheese is yellow and soft.



I like pork chops. The pork chop is cooked and hot.



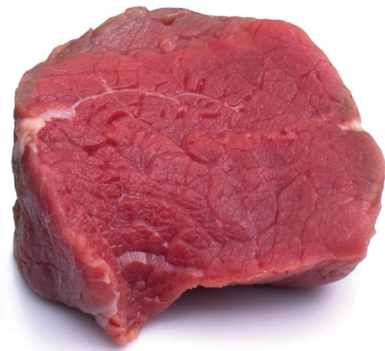
I like broccoli. The broccoli is green and crisp.



I like caribou. The caribou meat is red and tender.



I like rice. The rice is brown and tasty.



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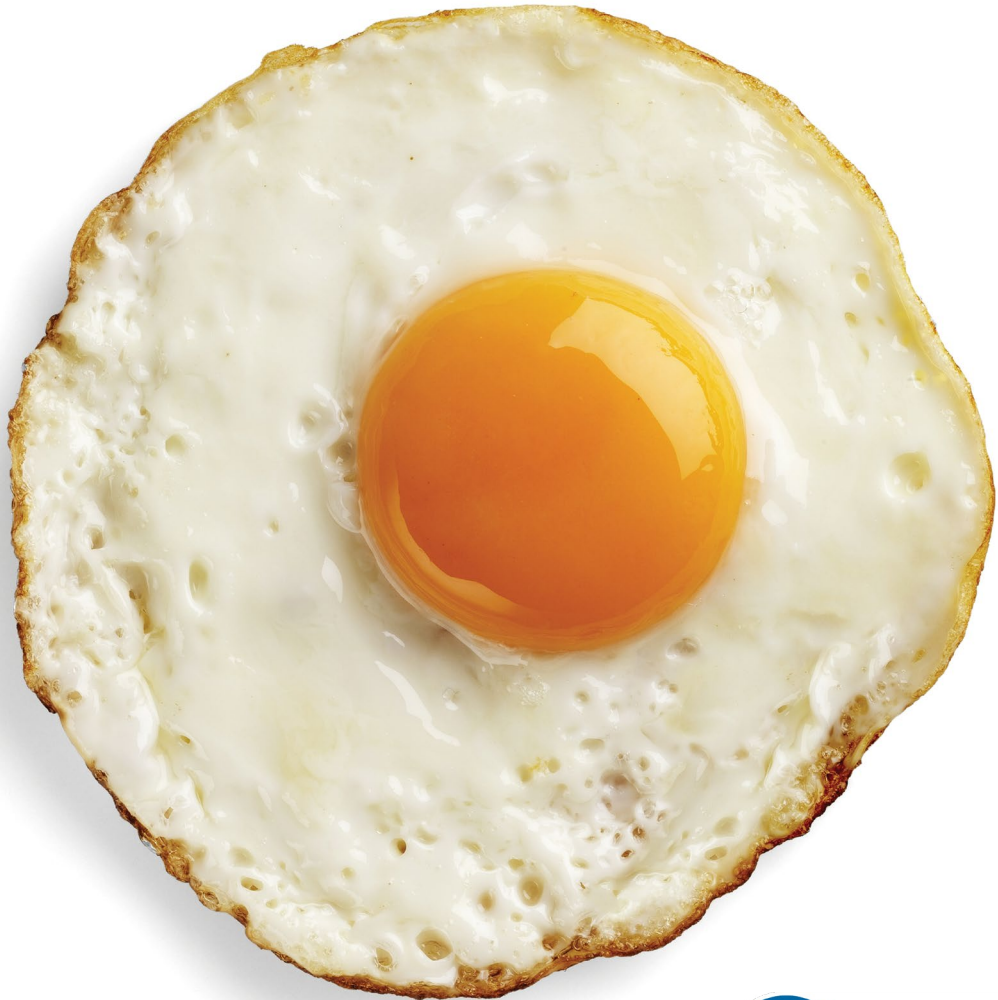
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I like healthy food!





  
INHABIT  
EDUCATION