

# Me and My Lungs

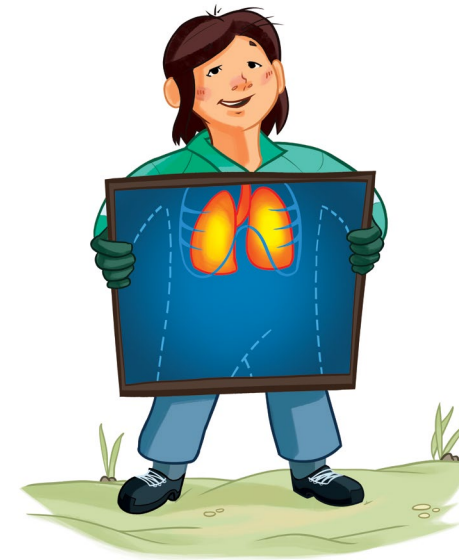


This book is part of the Inuutsiarniq Reading Series, developed by the Department of Health in Nunavut. The Inuutsiarniq Reading Series is a unique, Nunavut-developed literacy initiative that infuses Northern values of healthy living and self-care into a culturally appropriate reading program.

The Inuutsiarniq Reading Series was developed to support the reading level guidelines outlined in the Department of Education's Inuktut guided reading program, Uqalimaariuqsaniq. Uqalimaariuqsaniq is a sequential and progressive Inuktut reading program that supports students in their development from emergent to fluent readers.

Healthy students are better learners and become healthy adults. For more information, visit [www.gov.nu.ca/health](http://www.gov.nu.ca/health) and your local Health Centre.

# Me and My Lungs



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## Book details

**Level:** 5  
**Text Type:** Non-fiction  
**Vocabulary:** Parts of the respiratory system

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**Armin Karimloo**

This is my body.





This is my nose.

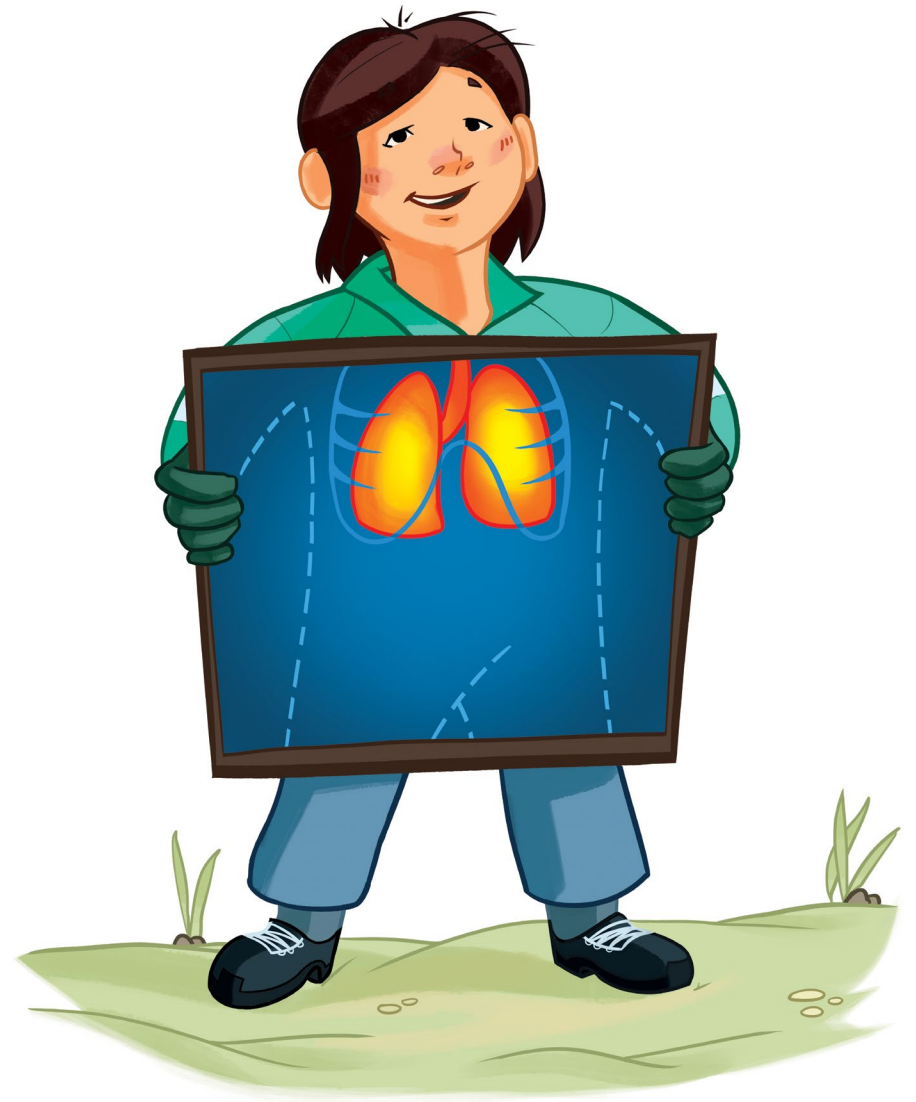
This is my mouth.





This is my throat.

These are my lungs.





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They help me breathe.







  
**INHABIT**  
EDUCATION