



This book is part of the Inuutsiarniq Reading Series, developed by the Department of Health in Nunavut. The Inuutsiarniq Reading Series is a unique, Nunavut-developed literacy initiative that infuses Northern values of healthy living and self-care into a culturally appropriate reading program.

The Inuutsiarniq Reading Series was developed to support the reading level guidelines outlined in the Department of Education's Inuktut guided reading program, Uqalimaariuqsaniq. Uqalimaariuqsaniq is a sequential and progressive Inuktut reading program that supports students in their development from emergent to fluent readers.

Healthy students are better learners and become healthy adults. For more information, visit [www.gov.nu.ca/health](http://www.gov.nu.ca/health) and your local Health Centre.

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### Book details

**Level:** 7  
**Text Type:** Fiction  
**Vocabulary:** Parts of the body and their functions

# What I Like about My Body



Written by  
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**Jaimey Sharp**



I like my body because  
it helps me do things.



I like my legs because  
they help me run.



I like my arms because they help me play volleyball.



I like my throat because it helps me throat sing.



I like my mouth because it helps me talk with friends.



I like my hands because they help me sew.



I like my feet because they help me dance.



I like my stomach because it helps me eat yummy food.



I like my nose because it helps me smell.



I like my body because it is mine!



What do you like about  
your body?

Published in Canada by **Inhabit Education**  
[www.inhabiteducation.com](http://www.inhabiteducation.com)

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Printed and bound in Canada

ISBN 978-1-77266-328-0





  
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