

Mia and the Monsters

THE MONSTERS HELP OUT









Mia ^{and} _{the} Monsters

THE MONSTERS HELP OUT

For my two favourite monsters—Mia-Laure and Oscar. —N.C.



Arvaaq Books is an imprint for infants and young children. Books in this imprint are designed to help children explore the world around them and develop physical, social, cognitive, and language skills. All titles feature engaging topics told from a Northern perspective.

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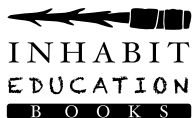
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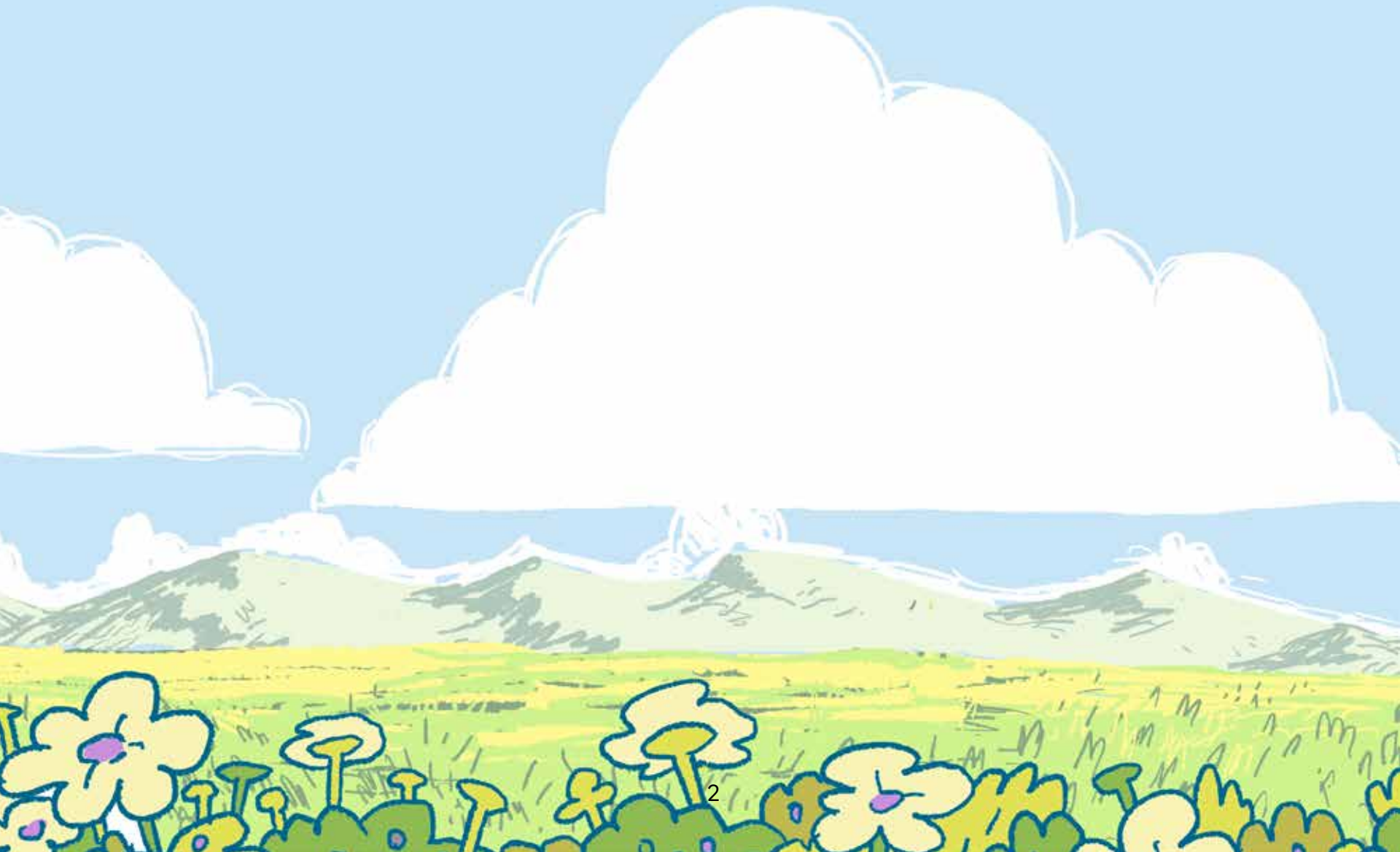
THE MONSTERS HELP OUT

WRITTEN BY
**Neil
Christopher**



ILLUSTRATED BY
**Sigmundur
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It was a beautiful day, and Mia spent the morning outside collecting flowers. Mia really liked being outside, and she was always happiest being around plants and animals.



When I grow up, I really want to have a job working outside.



Mia started walking back toward her tent. She was thinking about all the flowers she had found. Suddenly she noticed something.

GARBAGE! This is not good at all. I am going to clean this up.







Mia went into her tent and came out with some gloves and a garbage bag. She started to collect the garbage on the ground. In a very short time, Mia had cleaned up the land all around her tent.



Mia walked around looking for more garbage to pick up. She saw Tulu and Oop.

Hi, Tulu! Hi, Oop! What are you doing?



I was teaching TULU about shapes, and I tripped over a rock and banged my knee. It really hurt, but TULU is taking care of me.



Mia was impressed with both of her friends!

Oop, you always know how to explain things so the other monsters can understand! And Tulu, you are really good at taking care of people when they get hurt.



Tulu finished bandaging Oop's knee and looked up at Mia.



Thanks, Mia. I really like helping people if I can. What are you doing?

Mia showed her friends her bag full of garbage.

I am collecting garbage that people have left on the ground. All this stuff on the land is not good for the plants or animals, so I am cleaning it up!



**I am very happy you
are doing that, Mia!**

**Yay! You are taking
care of the Land for
all of us!**

Mia felt proud of her work.



Mia kept looking for garbage. She noticed Muck near his house.

As Mia got closer to Muck's house, she smelled something delicious.

Hi, Muck. What smells so good?



**I am baking bannock to share with everyone!
Here is a piece for you to taste!**



Mia was really proud of Muck. Muck was always good at making bannock, but Muck had not always been very good at sharing. It looked like Muck had learned to share, and that was good news for everyone!

Wow, Muck! This is tasty bannock!



Muck, you always make delicious food! Everyone is going to be so happy to get some of your bannock!



As Mia walked back to her tent, she saw Qallu with a hammer in his hand.

Hi, Qallu. What are you doing?





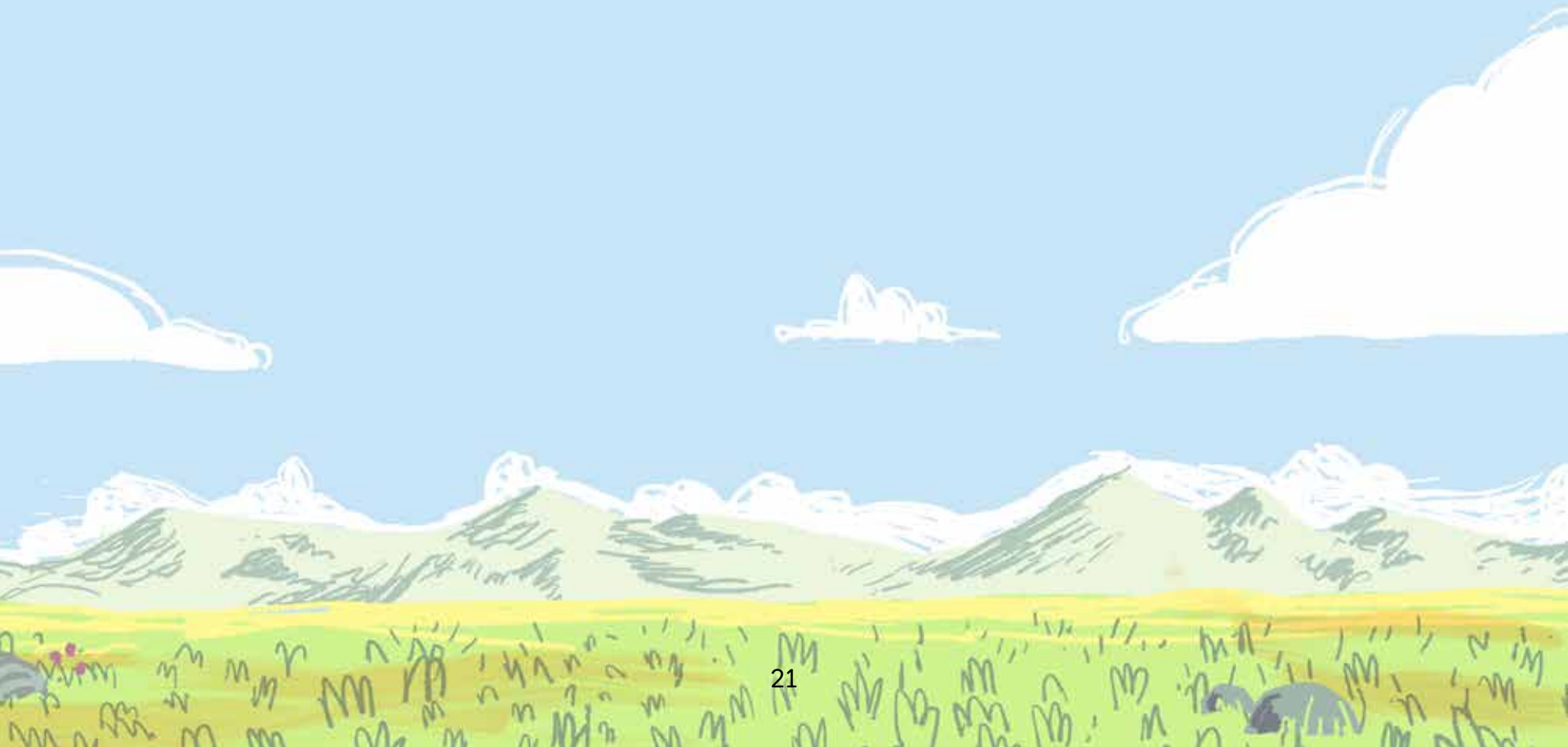
**My door is old and broken,
so I am making a new one.**

Wow, Qallu. You are really good at building things.



Mia was almost back at her tent. As she walked, Mia thought about her friends and the things they were doing today. This gave Mia an idea that she wanted to share with everyone.

Mia climbed onto a rock and called all her monster friends to come for a meeting at her tent.



It didn't take long for all the monsters to arrive.

I have invited you all here to talk about something important.

This sounds serious, Mia. So, before we begin, would anyone like some bannock? I always listen better after a snack.



A cartoon illustration of three creatures in a grassy field. On the left, a pink, bat-like creature with large ears and a wide, toothy grin is eating a brown, round bannock. In the center, a purple, furry creature with a large, open mouth is also eating a bannock. On the right, a tall, green, scaly creature with a long neck and a yellow, smiling face is eating a bannock. All three are wearing brown, fur-lined tunics and boots. In the background, there are rolling green hills under a blue sky with a large, white, wavy shape on the left. A yellow starburst shape contains the text 'I WOULD LOVE SOME BANNOCK!'.

**I WOULD LOVE
SOME BANNOCK!**

Once everyone had their bannock, Mia climbed back on the rock to get everyone's attention.

I realized that we are all part of a small community.
We all do different things to help our community.

Muck, you are good at cooking and baking. That helps
feed us and keep us healthy!



Everyone looked at Muck and agreed. Muck felt very proud to help his friends in this way.



Qallu, you are really good at building and fixing things. You always help repair monsters' homes so they can have a warm and safe place to live. That is really important, Qallu!



All the monsters agreed. Qallu felt very proud that his friends thought his work is important.



Oop, you are always teaching the other monsters new things! You are very good at explaining things in a way that we all understand. That is really important.



All the monsters agreed that Oop was a very good teacher. Oop felt a bit shy, but he also felt proud that his friends enjoyed learning new things from him.



Tulu, you are the monster we go to whenever we get hurt or sick. You are really good at listening to us and figuring out what we need to feel better.



**TULU helped bandage
my leg today, and it is
already feeling better!**

Everyone agreed that Tulu was very important to the community. Although he tried not to show it, Tulu felt really happy.



**Mia, you are always taking care of the land!
You make sure the plants and animals stay
healthy. That is really important as well!**



I really like being outside and doing things to help plants and animals.

All the monsters agreed that Mia's work was very important to the community.





I realized that we need monsters to do lots of different things for our community to run well. We need doctors, nurses, construction workers, conservation officers, bakers, teachers, police officers, and so many other helpers! We are really lucky that we all have different things we are good at and enjoy doing.



All the monsters agreed. They spent the afternoon talking about other things they could do to make their community even better.



That night, after all the monsters had gone home, Mia lay in bed and thought about how proud she was of all the community helpers!



ACTIVITIES FOR PARENTS AND TEACHERS

Let's Talk!

Asking questions encourages young children to think about the story. Next time you read the story, consider asking the following questions:

- Does Mia like working inside or outside?
- What does Mia do when she sees garbage on the ground?
- How do you help your community?



Community Helpers Matching Game

This activity will help children become familiar with various helpers in their community. Help children match the sentence with the right community helper.

Directions

1. Download and print the Community Helpers Matching Game from inhabiteducation.com.
2. Have children cut out the cards. (Assist as needed.)
3. Lay out the picture cards in front of children and put the sentence cards in a pile. Identify each community helper and talk about what they do to help the community.
4. Tell children that you are going to read a sentence about one of the community helpers. Ask them to point to the community helper they think the sentence is about.
5. Continue until they have identified each of the community helpers.



**I take care of
you when you
are sick.
Who am I?**



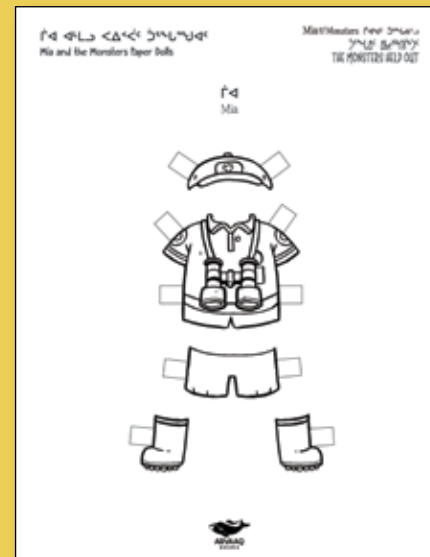
**I teach students.
Who am I?**

Mia and the Monsters Paper Dolls

For this activity, children will dress the Mia and the Monsters Paper Dolls in their community helper outfits. When they have dressed their dolls, they can use the dolls for free play or to retell the story.

Directions

1. Download and print the Mia and the Monsters Paper Dolls from inhabiteducation.com.
2. Help children cut out all of the paper dolls and the various outfits.
3. When they are all cut out, have children use the community helper outfits to dress the characters.
4. This is a good opportunity to go through the book and talk with children about the different roles of each of the characters.





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BOOKS







Mia knows how important it is to keep the land clean. As Mia picks up garbage around her tent, she comes across her monster friends. They are all doing something to help their community. Learn about the different ways the monsters are helping out, and why Mia is proud of each of her friends.



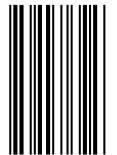
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