

**EXTENSION
ACTIVITY**

BOOK TITLE

**Ikpiguhuutitka
(My Feelings)**

TOPIC

About Me



**Essential
Question**

What do some different emotions look like?



Teaching Strategy

This activity incorporates hands-on, active participation from both the teacher and students. The lesson also uses visuals to enhance teacher instruction.

REQUIRED MATERIALS

- **Kiinat Ikpiguhiit Piannanguat (Facial Expression Cards)**
- **Kiinat Ikpiguhiit Piannanguat Pinnguarutit (Facial Expression Cards for Charades)**

LEARNING ACTIVITIES



Class discussion about the book.



Matching facial expressions to emotions.



Optional: Game of charades.



Whole-class discussion and concluding questions.

LEARNING CONNECTION

This activity will reinforce the students' understanding of the different emotions introduced to them in the book *Ikpiguhuutitka (My Feelings)*. The activity will help the students to identify these emotions in themselves and others.

READING VOCABULARY

Happy, nervous, sad, angry, confused, surprised, excited, scared, embarrassed, frustrated, content.

PRE-LESSON PREPARATION

1. Cut out the cards from both **Kiinat Ikpiguhiit Piannanguat Pinnguarutit (Facial Expression Cards for Charades)** and **Kiinat Ikpiguhiit Piannanguat (Facial Expression Cards)**.

LESSON PLAN: MY FEELINGS

1. Say to the students:



“Taiguagakhami *Ikpiguhuutitka*, ajuiqhaqpaktugut aallatqiinik ikpiguhuutitik mihigijauvaktut inungnit. Kia uqaqtaaqtaait atiit ikpingnautit taiguagtavut uvani taiguagakhami?”

Answers: happy, nervous, sad, angry, confused, surprised, excited, scared, embarrassed, frustrated, and content.

- ☞ Allow the students to answer the question and make a list of their answers on the board or chart paper.

2. If the students need help remembering, ask them the following prompting questions:



“Kinaliqaak qungujukhimakpat iglaqqallu, qanuq uqarniaqqitigu taama inuk ittaaqhaa?”

Answer: happy.

“Kinaliqaak qiakpat in’ngumakpalluunniit, qanuq ikpiguhuutiqaqqa?”

Answer: sad.

“Kimigliqaak takuguvit irialaaqtumik tukkaqtumigluunniit, qanuq ikpiguhuutiqaqqa?”

Answer: angry.

“Qanuqtauq itpa kinaliqaak tuingni ingutaaqqagik imaatut?”

Answer: confused.

- ☞ Shrug your shoulders and make a confused face.

“Akuliamnut kahaktitkupkik algakka aittaqhungalu, qanuq ikpiguhungnahugivinga?”

Answer: surprised.

3. After you have made a list on the board or chart paper, say to the students:



“Ulapqiniaqtugut, takupkaqtitarniaqqatka kiinanguat. Tamaita kiinanguat aallatqiinik ikpiguhuutiqaqtut. Ilitturijumajunga aadjikkiiktirittaqaaffingni kiinanguanik ikpiguhuutinut titiraqhimajaptingnut.”

4. Hold up the first card from the **Kiinat Ikpiguhit Piannanguat (Facial Expression Cards)**. Ask the students what emotion the person in the picture is expressing. Say:



“Qanuq una inuk ikpiguhungnahugiviuk?”

Answer will correspond to the picture shown.

LESSON PLAN: MY FEELINGS

5. Go through each of the pictures, asking the students the same question for each card. If the students are doing well at matching the pictures of facial expressions to the appropriate emotions, turn the activity into a game of charades.
6. **Optional:** To play charades, invite a volunteer to the front of the class. Give the student a card from the **Kiinat Ikpiguhit Piannanguat Pinnguarutit (Facial Expression Cards for Charades)** deck. Without telling the rest of the class what the emotion is, ask the student to act out the emotion. The rest of the students have to try and guess the emotion written on the card.
7. Continue the game, allowing different students to act out the emotions.
8. When you have gone through all of the cards (either with you holding up the cards or after charades), ask the class the following concluding questions:



“Qanuriliuqtaaqqit ilannat in’ngumakpat?”

Answers might include: tell him a joke, play a game with her, etc.

“Hulinialuaqqit ilannat ninngaumakpat? Qanuq ikajurnialuaqqiuk?”

Answers might include: ask her why she is angry, comfort him, etc.

“Hunat aliahuktitpakpatit?”

Answers might include: playing games with my friends, reading books, dogs, etc.

“Hunat naluqhaqtitpakpatit?”

Answers might include: certain school subjects, questions I don’t understand, etc.

“Upin’ngaqtitauhimavakpit? Uqautitigut humit upin’ngaqtitauhimadjutit?”

Answers might include: birthday gifts, something nice a friend or family member did, etc.

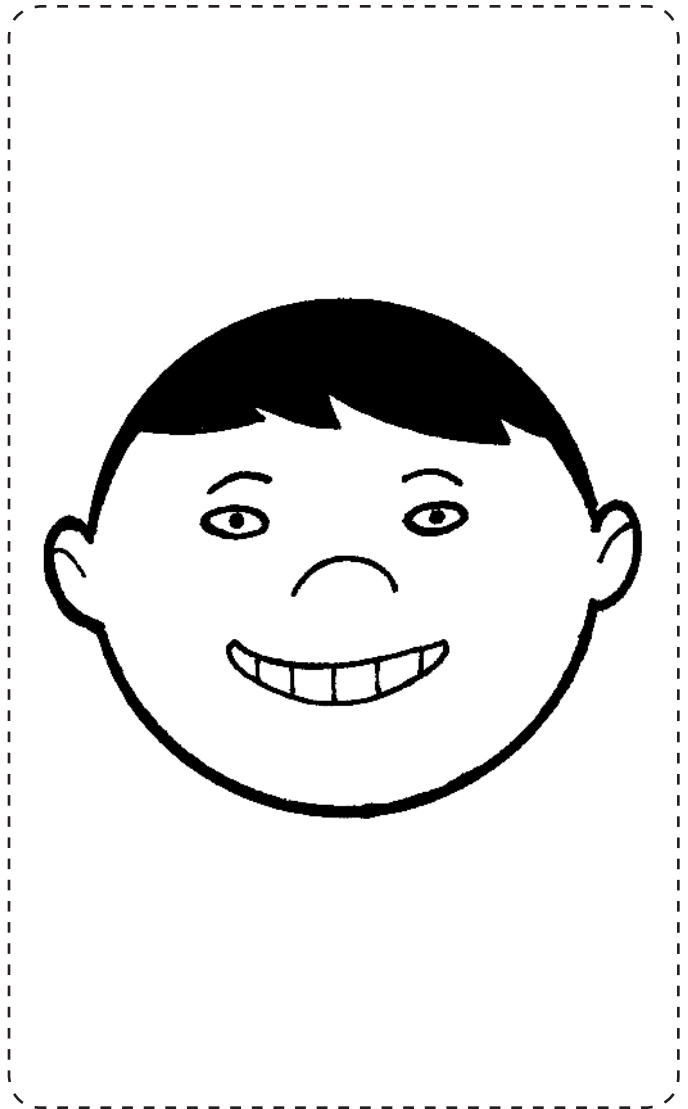
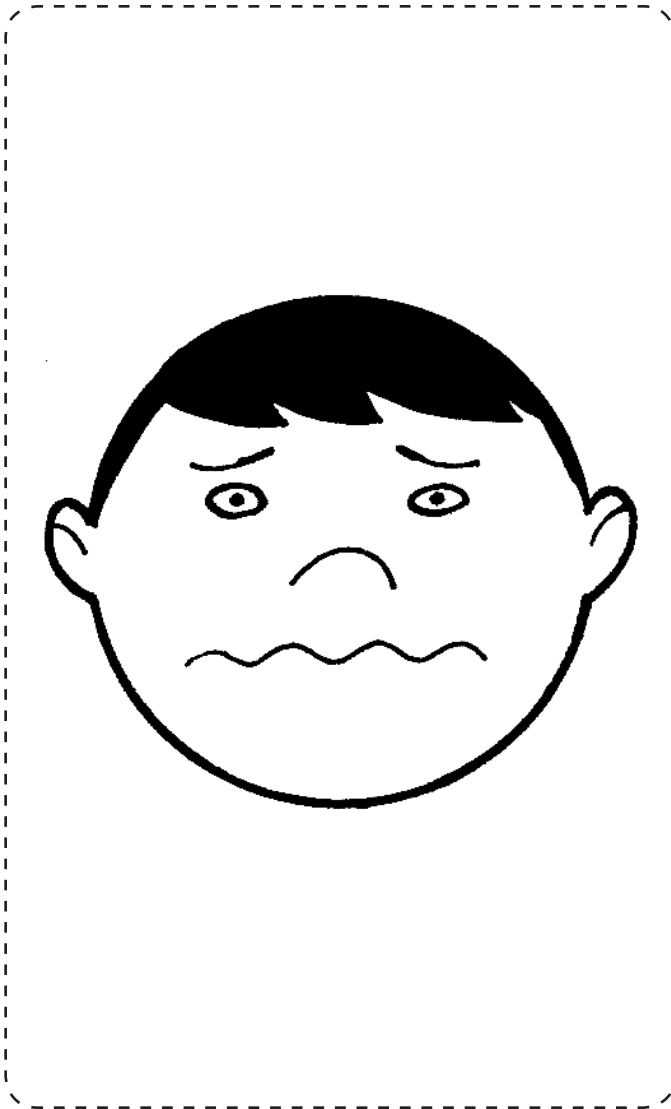
9. Finish the activity with the following statement:



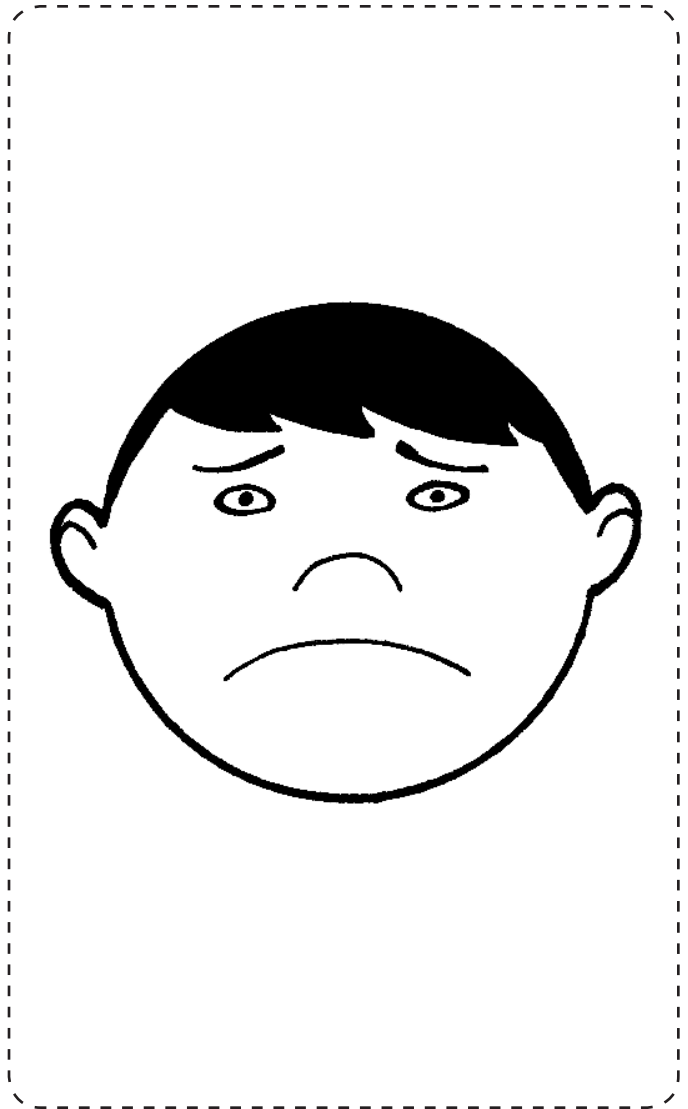
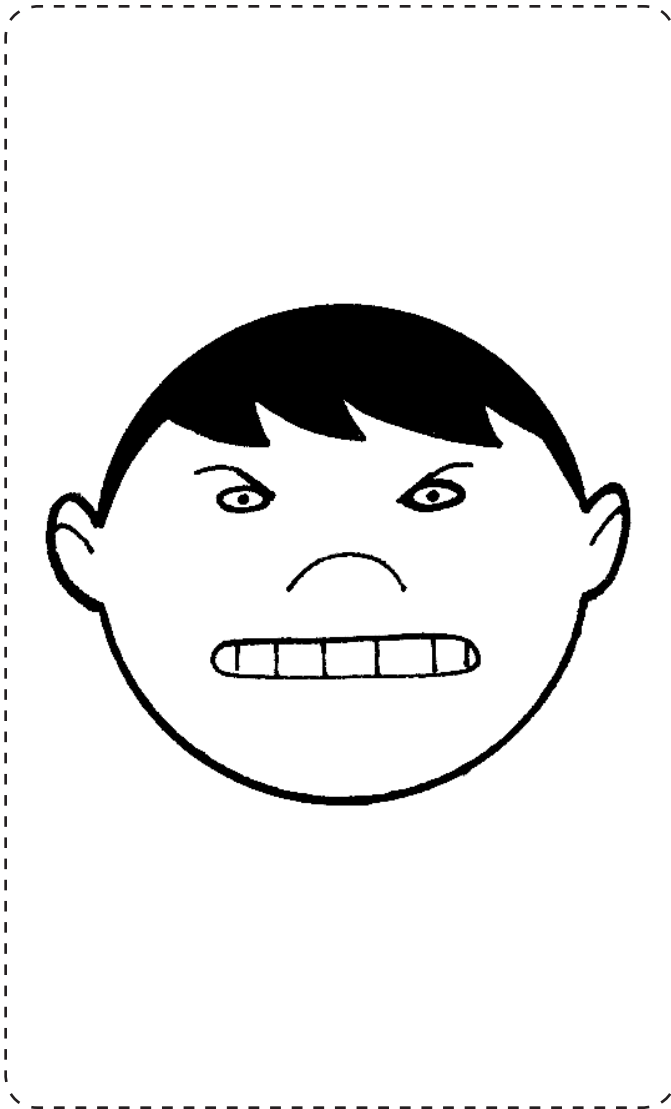
“Tamapta aallatqiinik ikpiguhuutiqaqpaktugut. Ilaani aliahukpakhuta, ilaanittauq in’ngummakpakhuta, taimaa naammaktuq pitquhiungmat. In’ngumaguvit ninngaumaguvilluunniit, itqaumalutit ilihaijit kimigliqaak inirnirmik uqaqatigittaqtat hunap taimailipkaqtaatit. Naammaktuq aallatqiinik ikpiguhuutiqariami, kihimi uqarijakhavut. Ninngaumagupta, kimulligaaq tiglunngiktukhaunngittugut.”

Note: Make sure to emphasize to the students that it’s okay to feel angry or sad, but we should always control our actions so we don’t hurt others.

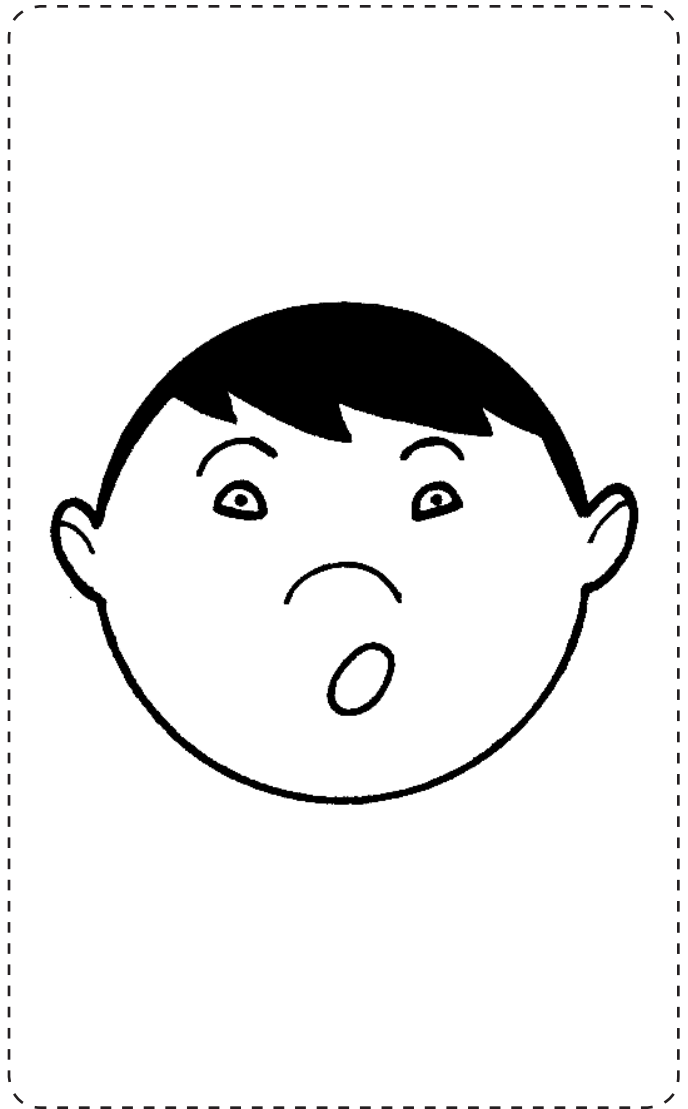
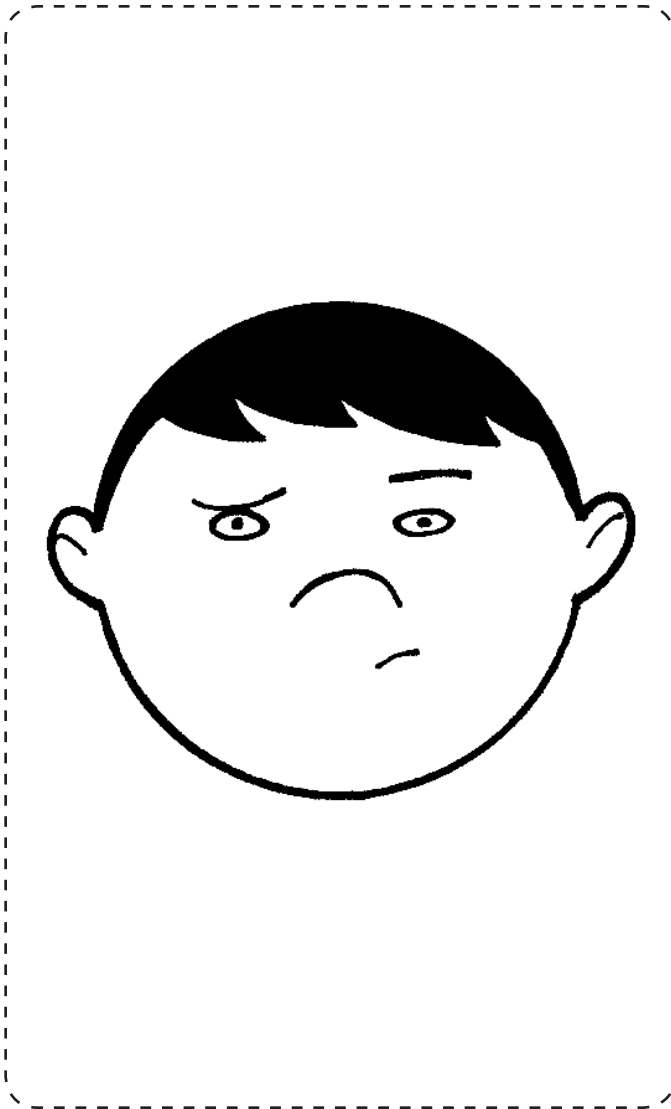
Kiinat Ikpiguhiit Piannanguat



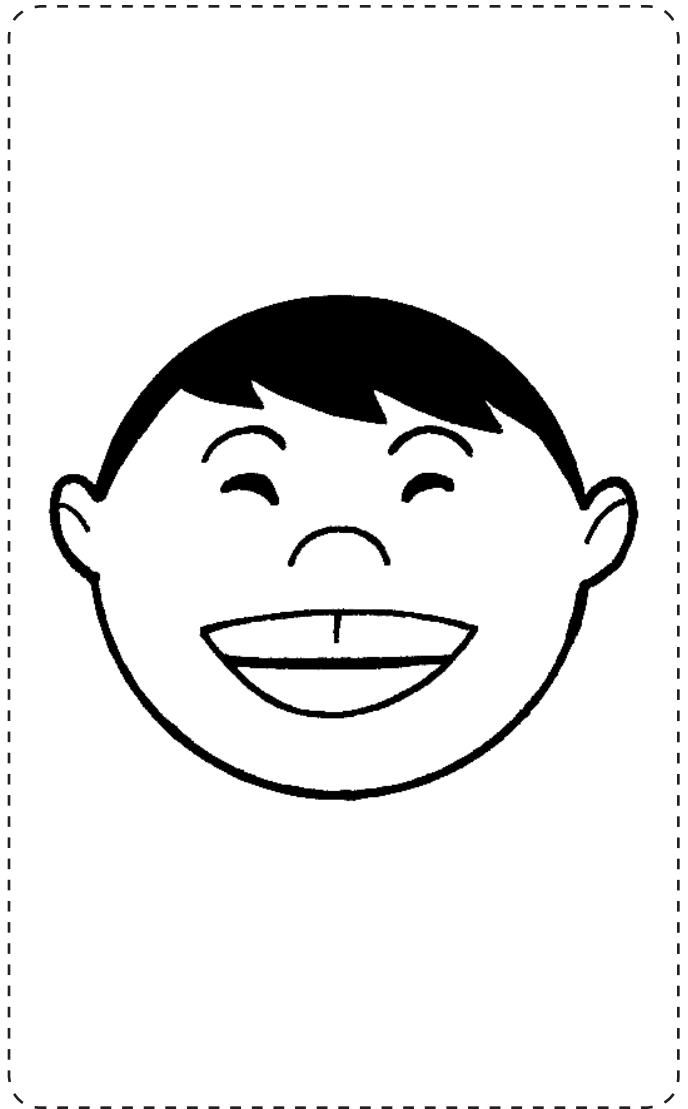
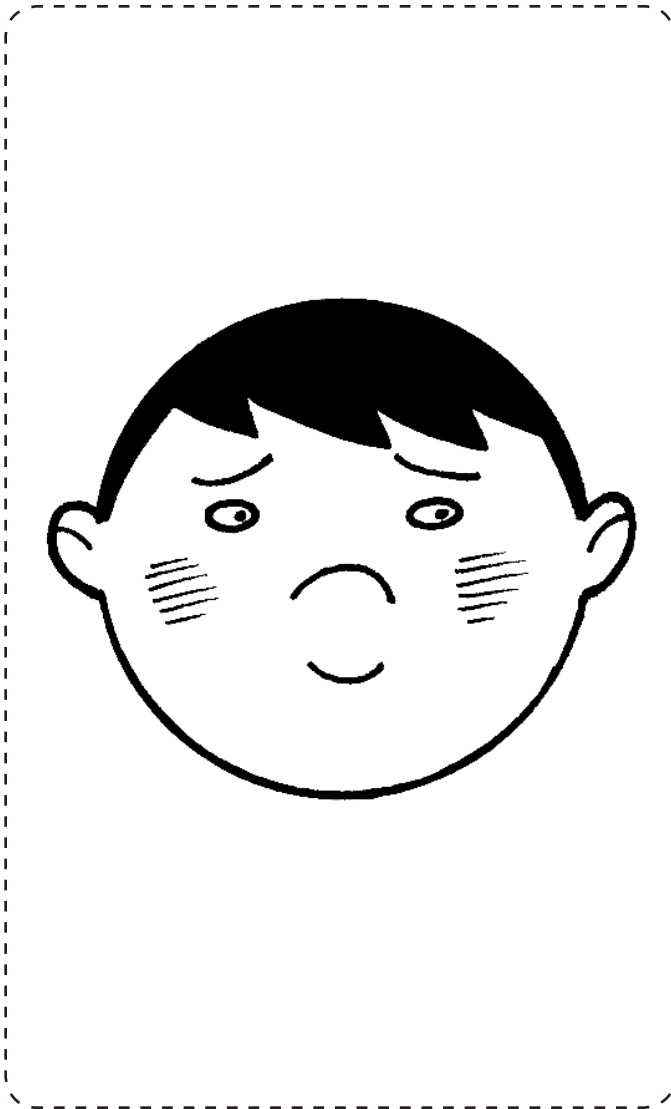
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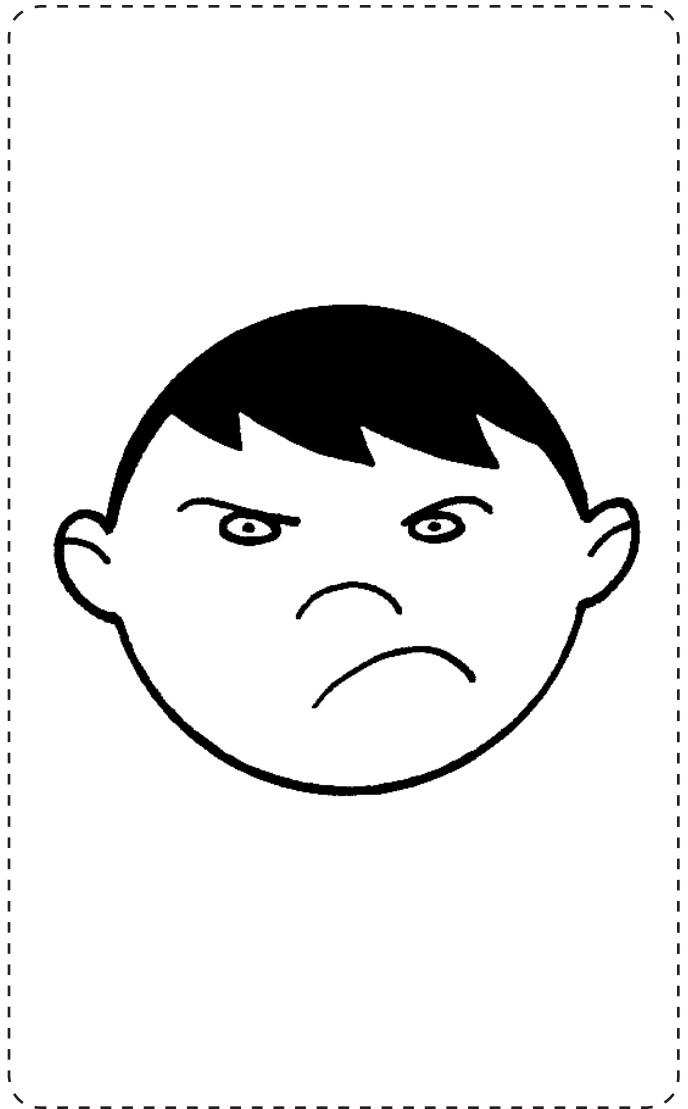
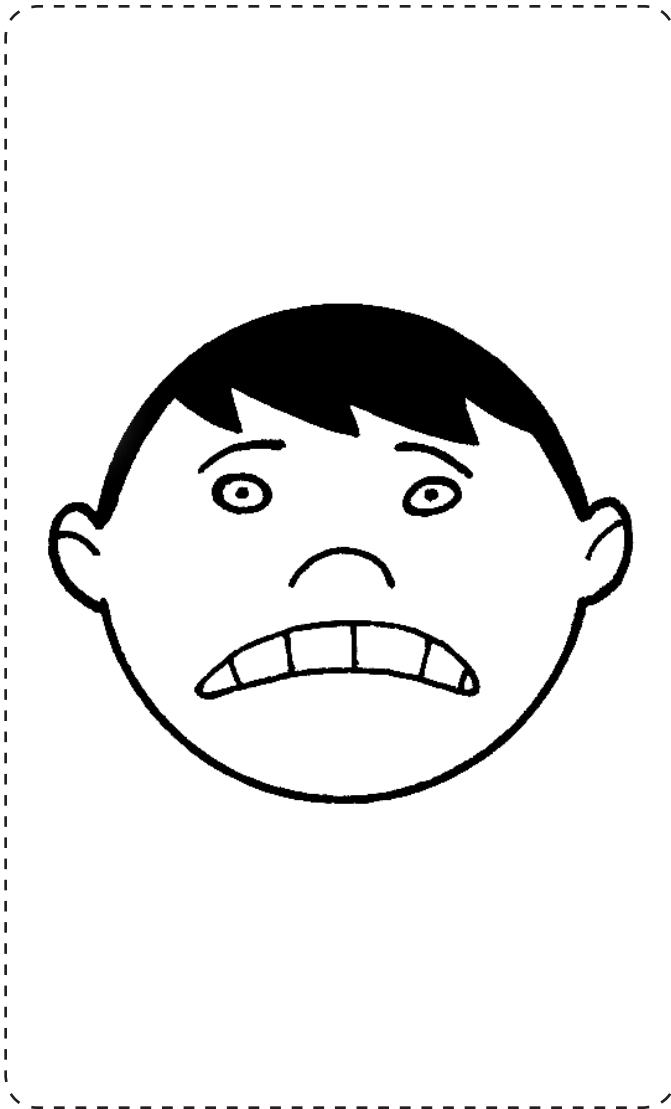
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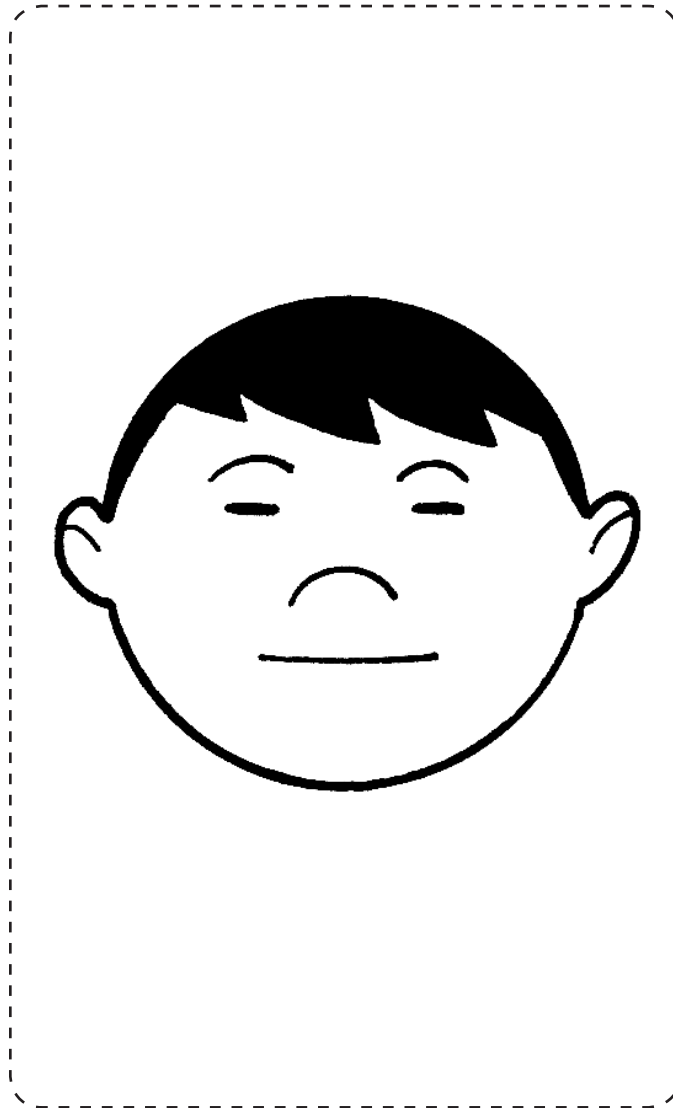
Kiinat Ikpiguhiit Piannanguat



Kiinat Ikpiguhiit Piannanguat

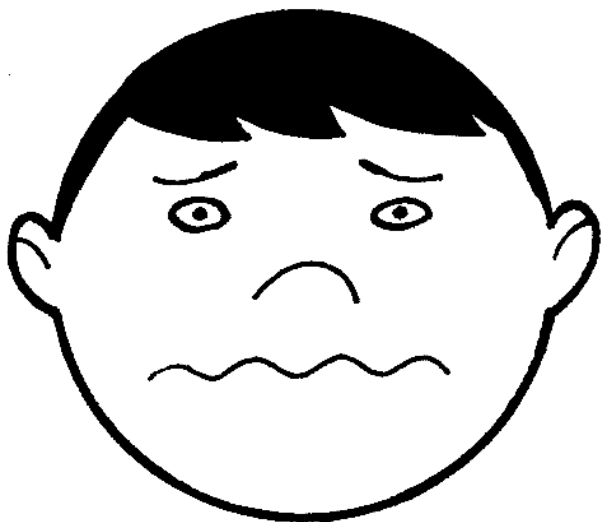


Kiinat Ikpiguhiit Piannanguat

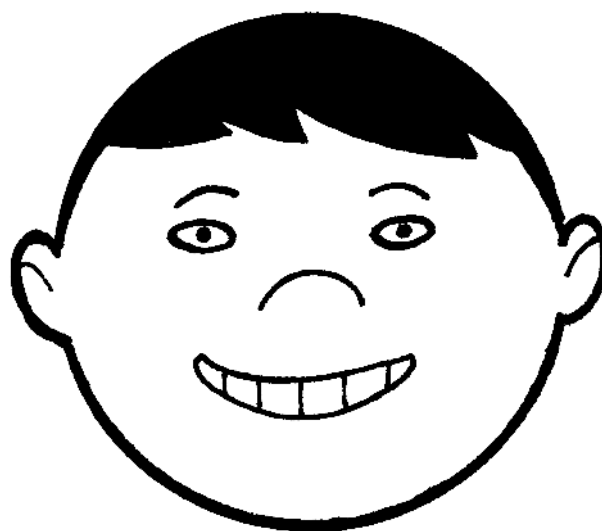


Kiinat Ikpiguhiit Piannannguat Pinnguarutit

qanurunaaqtuq

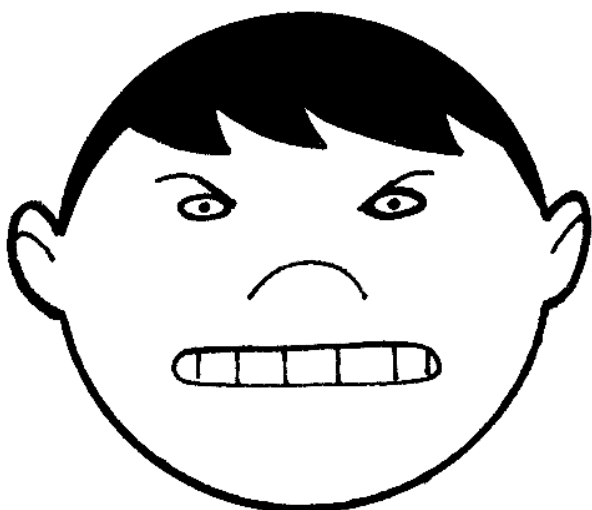


quviahuktuq

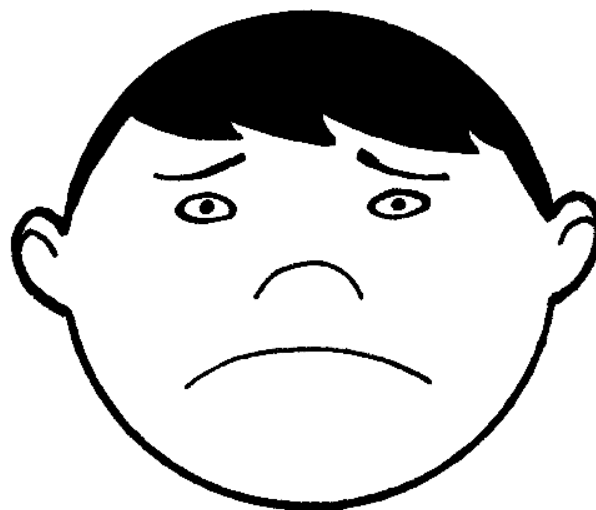


Kiinat Ikpiguhiit Piannanguat Pinnguarutit

ninngaktuq

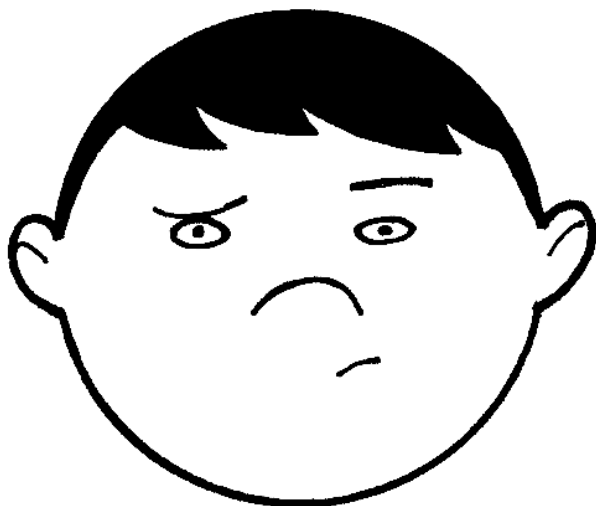


in'ngumajuq

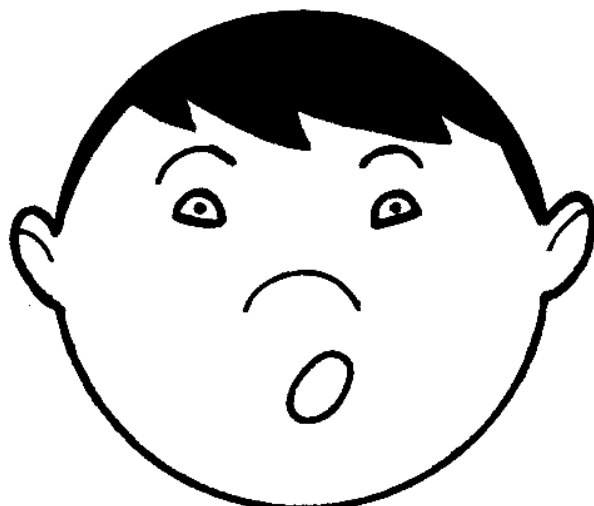


Kiinat Ikpiguhit Piannanguat Pinnguarutit

naluligtuq

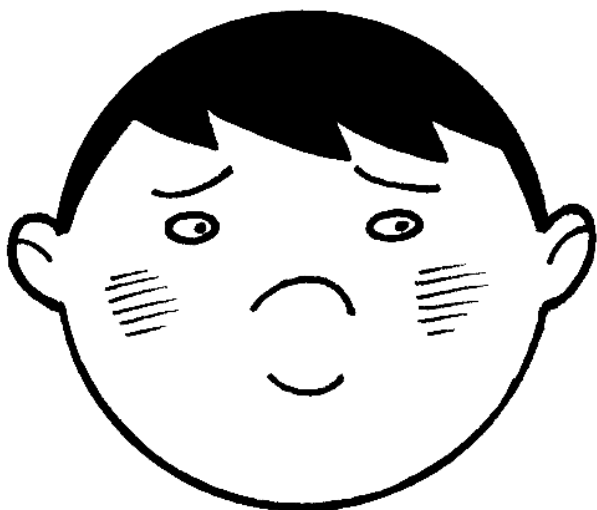


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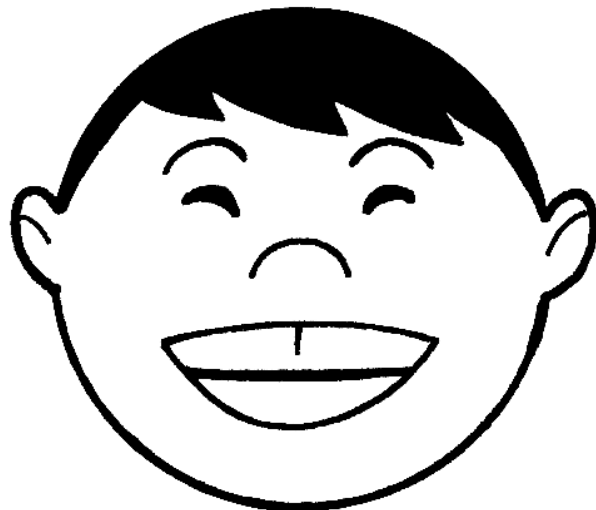


Kiinat Ikpiguhiit Piannanguat Pinnguarutit

kan'nguhuktuq

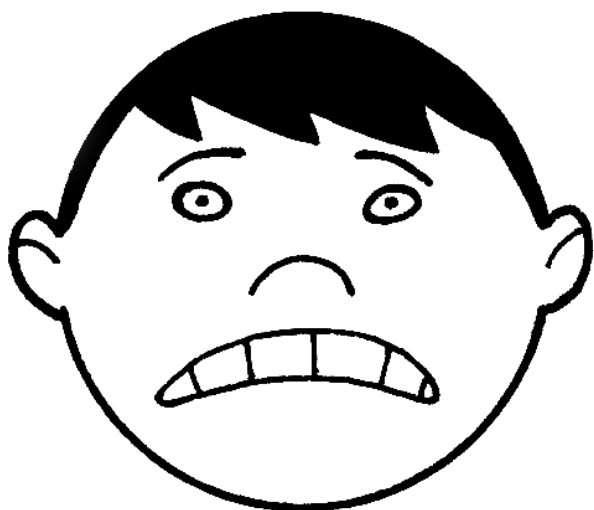


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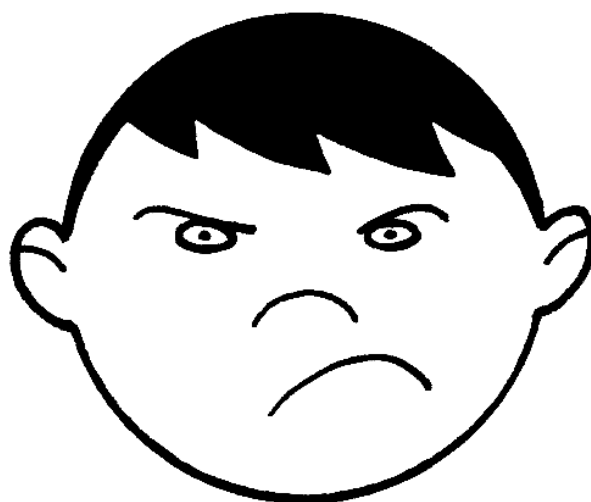


Kiinat Ikpiguhiit Piannanguat Pinnguarutit

kappiahuktuq



iqihulijuq



Kiinat Ikpiguhiit Piannannguat Pinnguarutit

ihumaalutaittuq

