
TOBACCO AND ADDICTIONS

LEVEL 7

Level 7: My Healthy Lungs Lesson Plan

- Activity Worksheet: I Need Healthy Lungs

ICON LEGEND



TEACHER SCRIPT



CLASS DISCUSSION



IMPORTANT INFORMATION



INDIVIDUAL ACTIVITY



PAIRS/SMALL GROUP ACTIVITY



PHYSICAL ACTIVITY



LARGE OPEN SPACE REQUIRED

BOOK TITLE

My Healthy Lungs

TOPIC

Tobacco and Addictions



Essential Question

What are some of the things healthy lungs help me do?



Teaching Strategy

This activity incorporates hands-on, active participation from both the teacher and students.

REQUIRED MATERIALS

- ☞ Activity Worksheet:
I Need Healthy Lungs

LEARNING ACTIVITIES



Class discussion about the book *My Healthy Lungs*.



I Need Healthy Lungs posters.

LEARNING CONNECTION

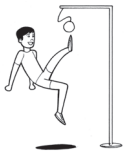
This activity continues to create a positive dialogue around why we need our bodies to be healthy. It builds on the students' understanding of the book *My Healthy Lungs*, which looks specifically at actions and activities that require healthy lungs, such as singing in a choir and playing hockey.

READING VOCABULARY

Healthy, lungs, jump high, play hockey, run fast, cheer loudly, laugh hard, Inuit games, sing.

PRE-LESSON PREPARATION

1. Photocopy enough copies of the **I Need Healthy Lungs** activity worksheet for all of the students.



ՀՋՆ ԳԵՃՊՐԵՈՎՈՎԵՑ



1. ՈՈԳԾԻՆՆԱԿ ԳՃՎՐՆՈՎԵՐԿԱԾ ԱՐԴՄՈՒՄ:



2. ՈՈԳԾԻՆԵՐԵՆԻ, ՎՃՏ ՈՈԳԻՆՆԱԿ “ՀՋՆ ԳԵՃՊՐԵՈՎՈՎԵՑ” ԱՆՎՈՐՆԱԿ _____.” ԸՆԴՈՒՄԻՆՆԱԿ ՈՈԳԻՆՆԱԿ ԱՐԴՄՈՒՄԻՆՆԱԿ ՈՈԳԾԻՆԵՐԵՆԻ:

