
ABOUT ME

LEVEL 6

Level 6: Taking Care of Me Lesson Plan

- Clean and Healthy Book

ICON LEGEND



TEACHER SCRIPT



CLASS DISCUSSION



IMPORTANT INFORMATION



INDIVIDUAL ACTIVITY



PAIRS/SMALL GROUP ACTIVITY



PHYSICAL ACTIVITY



LARGE OPEN SPACE REQUIRED

**EXTENSION
ACTIVITY**

BOOK TITLE

**Taking Care
of Me**

TOPIC

About Me



**Essential
Question**

How can I take care of myself every day?



Teaching Strategy

In this lesson, the teacher will focus on having the students relate the material to their own experiences.

REQUIRED MATERIALS

- **Clean and Healthy Book**
- Drawing utensils (crayons or markers)

LEARNING ACTIVITIES



Class discussion about the book *Taking Care of Me*.



Class discussion about why taking care of ourselves is important.



Illustrating **Clean and Healthy Books**.

LEARNING CONNECTION

This activity encourages the students to think about their personal hygiene habits and why they are important. This activity is an extension of the book *Taking Care of Me*, which provides the students with a foundation for understanding how good hygiene habits keep us clean and healthy, as well as protect us from disease and germs.

READING VOCABULARY

Wash, brush, floss, eat, dress, hands, face, teeth, meal.

PRE-LESSON PREPARATION

1. Photocopy the **Clean and Healthy Book**, and staple it together. Make sure there are enough copies for each student to have one.

LESSON PLAN: **TAKING CARE OF ME**

10. Say:



“CLY KPYAYD^b <Cσ Ć^bd< NNG^bYL^b?”

☞ If all the students understand, let them begin illustrating their **Clean and Healthy Books**.

11. When they are done, you can display the finished books around the classroom for other students, teachers, and family members to see.

SHARING AND DISPLAYING (CLASSROOM REINFORCEMENT)

☞ **Clean and Healthy Books**

