





**Level 4: Δδϑϕϑϑϑϑ (Things I Do)**


**ICON LEGEND**


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TEACHER SCRIPT
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INDIVIDUAL ACTIVITY
- 

IMPORTANT INFORMATION
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CLASS DISCUSSION
- 

PAIRS/SMALL GROUP ACTIVITY
- 

LARGE OPEN SPACE

**TEACHER SCRIPT TRANSLATIONS**

Throughout these extension activities, you will find teacher scripts written in English to help you guide your lessons. The Inuktitut extension activity is available for download.





## LESSON PLAN: <D<bC<b (THINGS I DO)

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### Lesson 1 Plan: What Activities Do You Like to Do by Yourself?

1. Begin the lesson by giving students a few minutes to brainstorm what activities they like to do by themselves. Have students share their ideas with the class.

Possible answers:

- Drawing
  - Reading
  - Puzzles
  - Sewing
  - Playing
2. Give students the opportunity to further explore their favourite activities and perhaps try some new ones. Set up stations for individual activities and have the students circle through the stations, spending 5–10 minutes at each station. For example:
    - Drawing/colouring station
    - Reading station
    - Puzzle station
    - Sewing station
    - Free choice—students can choose any individual activities in the classroom
  3. When students have visited each station, they return to their desks and draw a picture of the activity they enjoyed doing the most. If there is time remaining in the lesson, have students present their drawings to the class. .

## LESSON PLAN: ᐱᐅᓃᓃᓃᓃᓃᓃ (THINGS I DO)

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### Lesson 2 Plan: What Activities Do You Like to Do with Friends?

1. Begin the lesson by telling students that they are going to mime different things that they like to do with their friends or family. Have each student mime an activity and the rest of the class can guess what the activity is.

Possible answers:

- ☛ Fishing
- ☛ Baking
- ☛ Walking
- ☛ Sports
- ☛ Playing board games

Record student answers somewhere visible in the classroom so students can use the list if they ever need ideas for group activities.

2. Read the book ᐱᐅᓃᓃᓃᓃᓃᓃ (*Things I Do*) with the students. While you are reading, ask the students which of the activities in the book they like to do alone or with friends.
3. Take the class on a group walk around the school. Talk with the students about how walking is a healthy activity that we can do by ourselves (keeping in mind safety concerns depending on student age) but is also nice to do with friends, and you can do it anywhere! As you walk, have students point out things they like to do on their own or with friends around the school (for example, “I like to read in the library by myself” or “I like when we all play sports in the gym”).

**Optional:** Connect this learning to your physical education curriculum. Explain to students that there are many activities you can do both by yourself and with friends to get active and be healthy. If you are looking for more information about how to get your students active, you should check out [www.livehealthy.gov.nu.ca](http://www.livehealthy.gov.nu.ca). Under the "Active Living" tab, you will find Nunavut's Physical Activity Guidelines specific to your students' age. Create a “sports” or “get moving” circuit and have students cycle through, spending a few minutes at each station.