

BOOK TITLE

**Ulapqijumajuktugut
(We Like To Play)**

TOPIC

**Physical Activity and
Injury Prevention**



**Essential
Question**

How can we stay safe while playing games at school?

Teaching Strategy



In this lesson, the teacher will focus on having the students relate the material to their own experiences, and it requires hands-on, active participation from both the teacher and the students.

REQUIRED MATERIALS

- Chart paper
- Drawing paper
- Drawing utensils (crayons or markers)

LEARNING CONNECTION

This activity will show the students how to be safe while playing at school. It builds on the students' knowledge of the book *Ulapqijumajuktugut (We Like To Play)*, which introduces the students to fun physical activities that they can do with their friends at school.

LEARNING ACTIVITIES



Class discussion about the book.



Class discussion about the students' favourite games to play in the school playground.



Create a list of Playground Safety Rules.



Create a Playground Safety Rules poster.

READING VOCABULARY

Play, games, tag, dancing, hockey, soccer, muskox push.

LESSON PLAN: WE LIKE TO PLAY

1. Ask the students:



“Unniutittaaqqinga kitut ulapqidjuhit hulilukaaruhit ajuiqhaqtavit ublumi taiguagakhami *Ulapqijumajuktugut?*”

Answers: tag, dancing, hockey, soccer, and muskox push.

☞ Have the students list as many of the games and activities as they can remember.

2. Next, ask the students:



“Kituuvallu aallat ulapqidjuhiit ulapqijumajuktahi ulapqiviguami ilihariaqhimagaangaffi?”

☞ Let the students talk about some of their favourite games.

3. Say to the students:



“Hilataani iliharviup alianaqtuq, kihimi ilanginni itqaumajukhaujugut aanniqtailijaaptingni. Ublumi titirarniaqtugut Ulapqiviguami Aanniqtailidjutikhat Maliktaujukhat tamaita ilihaqtut maliktaaqtait. Iniruffi, tamaffi atauhirmik maliktaujukhamik titiraqhimajunit piniaqtuhi titiraujautigijakharnik nivingajukhamik iliharvingmi aallat nutaqqat takujakhainnik.”

4. To create the list, ask the students the following prompting questions. Record the students' answers on a piece of chart paper in list form. Your class list of rules might look similar to the examples listed below.



“Ikpingnauva ilihaijiqariami inirniqariamiluunnit ulapqiviguamiitkaangaffi?”

Answer: yes.

“Huuq ikpingnaqqa iniriqariami ulapqigaangat?”

Answer: in case someone gets hurt or needs help.

☞ Write the first rule on the chart paper:

☞ Rule 1: Always have an adult present when you are in the playground.



“Hulittaaqqita aanniqtaililuta ulapqigiami?”

Answers might include: play carefully, don't push or pull others, don't get too close to moving equipment like swings, wait your turn during a game or for a piece of equipment, wear proper clothing, etc.

LESSON PLAN: WE LIKE TO PLAY

5. Write the following rules on the chart paper:

- ☛ Rule 2: Don't push or pull others.
- ☛ Rule 3: Don't get too close to moving equipment.
- ☛ Rule 4: Always wait your turn.
- ☛ Rule 5: Wear proper clothing.

6. Go through each of the rules written above and ask the students why each one is important. For example:



“Huuq utaqqijaami ikpingnaqqa?”

Answer: It is important to wait your turn so that no one gets hurt and so that everyone gets a chance to participate.

“Huuq ikpingnaqqa ihuaqtunik aannuraaqariami?”

Answer: It is important to wear proper clothing so you don't get too hot or too cold.

“Ilihimaluhi hingiqhimajukhaujuk kammakkit napatkarnaiqtumik, anngauvallaagtuniglu aannuraaqaqhimaittumik hunamut ilaktittaaqtunik.”

7. Next, ask:



“Kimut uqaqtaaqqit ajuqhautiqaruvit ikajuktiqariaruvilluunniit?”

Answer: a teacher or another adult.

- ☛ Write the sixth rule on the chart paper.
- ☛ Rule 6: Ask an adult for help if there is a problem or if someone is hurt.

8. When you have finished creating your list of Playground Safety Rules, read over the list one more time with the students. Read the rules one at a time and have the students repeat each rule after you.

9. Hand out a piece of drawing paper to each student. Tell the students that they are going to design a poster showing one of the rules on the list. Before you begin, go through each rule again and ask the students to list some different things they could draw to represent each rule.

10. Allow the students to create their poster. When they are finished, display the posters throughout the classroom or within the school.

SHARING AND DISPLAYING (CLASSROOM REINFORCEMENT)

- ☛ Individual Playground Safety Rules posters