
PHYSICAL ACTIVITY AND INJURY PREVENTION

LEVEL 5

Level 5: We Like to Play Lesson Plan

ICON LEGEND



TEACHER SCRIPT



CLASS DISCUSSION



IMPORTANT INFORMATION



INDIVIDUAL ACTIVITY



PAIRS/SMALL GROUP ACTIVITY



PHYSICAL ACTIVITY



LARGE OPEN SPACE REQUIRED

**EXTENSION
ACTIVITY**

LEVEL 5

BOOK TITLE
**We Like
To Play**

TOPIC
**Physical Activity
and Injury Prevention**



**Essential
Question**

How can we stay safe while playing games at school?



Teaching Strategy

In this lesson, the teacher will focus on having the students relate the material to their own experiences, and it requires hands-on, active participation from both the teacher and the students.

REQUIRED MATERIALS

- Chart paper
- Drawing paper
- Drawing utensils (crayons or markers)

LEARNING CONNECTION

This activity will show the students how to be safe while playing at school. It builds on the students' knowledge of the book *We Like to Play*, which introduces the students to fun physical activities that they can do with their friends at school.

LEARNING ACTIVITIES



Class discussion about the book.



Class discussion about the students' favourite games to play in the school playground.



Create a list of Playground Safety Rules.



Create a Playground Safety Rules poster.

