

BOOK TITLE

**Hunat Timimni  
Nakuugijatka  
(What I Like  
about My Body)**

TOPIC

**About Me**



**Essential  
Question**

What are some of the amazing things my body can do?



**Teaching Strategy**

This lesson uses cooperative learning strategies to encourage the students to work together to complete a task. The lesson also requires hands-on, active participation from both the students and the teacher.

**REQUIRED MATERIALS**



Open Space

**LEARNING ACTIVITIES**



Class discussion about the book *Hunat Timimni Nakuugijatka (What I Like about My Body)*.



Circle game.

**LEARNING CONNECTION**

This activity has the students choose and perform activities that they like to do with their bodies. The activity builds on the book *Hunat Timimni Nakuugijatka (What I Like about My Body)* by showing the students how important their bodies are and what their bodies can do.

**READING VOCABULARY**

*Body, legs, move, arms, play, dance, eat, food.*

## LESSON PLAN: WHAT I LIKE ABOUT MY BODY

---

1. Talk to the students about the book. Say:



“Timiga piqpagijara! Timingma ublaami tupaktitpagaanga ilihariaqtittungalu. Imaa ilaa, tamapta timivut makipkaqpaktaatigut ublaami piginnaarijaptingnik pijaaptingni. Taiguagakhaq taiguqtaqqut, *Hunat Piqpagijatka Timimni*, uqauhiqaqtuq ilanginnik nakuujunik aallatqiit timipta pittaaqtait.”



2. For the activity, have the students stand up in an open space. Ask the students to stretch out their arms. They should not be able to touch anyone around them.

3. Next, say:



“Ublumi, piqujarniaqtugut. Tamaffi nangippaqujaffi kaimallurikhiluhilu.”

- ☞ Let the students form a circle.



“Hivulliulunga piniaqtunga uqarlunga, ‘Kanaakka ikajuutaujuk numiriamni.’ Uqaallaguiruma, tamaffi takupkaqtillunga numidjuhiffingnik.”

- ☞ Make sure the students understand that they will need to demonstrate whatever activity is said.

4. After they have danced for about 30 seconds, say:



“Imaattauq kimulliqaaq tikkuarniaqtunga uqaallagluna, ‘Ilvittauq?’ Taamna ilihaqtuq hulidjutikhamik aliagijaminik piniaqtuq. Tikkuqaqtuuguvit, uqaallaktukhaujutit, ‘\_\_\_ngma ikajuutaujuq \_\_\_-mut’ uqarlugit uvani tainiqanngittumi timiffi ilanginnik qanurlu ikajuutauvagiakhaa. Ilihaqtuq uqaqqat hulidjutikhaminik timiata ikajuqpauhiagut, tamaffi hulidjuhia ingutaarutigijakhaqhi.”

5. Have all the students act out the chosen student’s activity (for example, if the student says, “My legs help me to run,” all the students would run on the spot). That student then says, “What about you?” and points to another student. Repeat the game until all of the students have participated.

**Note:** Make sure the students are respectful and do not tease any other students during this game.

6. Finish the lesson by discussing the activity with the students. Say:



“Ublumi tautuktittiniaqtugut ilanginnik timipta pittaaqtainnik. Ikpingnaqtuq itqaumagupta tamapta timivut ikpingnaqtuujut aallatqiingublutik. Taimaa timivut piqpagijakhavut munarittiarlugu nakuuniqhaanut. Inuuhiqattiarnaqtunik nirivagluta iqaijaqpagluta ubluq tamaat malruungujuk nakuuniqhak timiptingnut ikajuutaujuk pihimattiaraptigu timikput.”